

A STRONGER MIND & BODY



FOR YOUTH
DEVELOPMENT

FOR HEALTHY
LIVING

FOR SOCIAL
RESPONSIBILITY

Martial Arts

Did you know that Raritan Valley YMCA offers
Youth & Adult Martial Art classes?

WHEN: Saturday Mornings

- Youth Ages: 7 - 12 10AM to 11AM
- Teens & Adults Ages: 13+ 11:15 to 12:30PM

COST:

Members: \$100 for a 7-week session

MORE INFORMATION:

The session will begin on OCTOBER 2nd. Registration
is OPEN now. You can register online or by calling the
number below.



www.RaritanValleyYMCA.org
P 732.257.4114