



RVYMCA 2025 WINTER II YOUTH SPORTS CALENDAR



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

- This will be a 7 Week Calendar that **Starts on Monday, March 3rd** and **Ends on Thursday, April 17th**.
- **\$84 Per Sport** besides **Pottery (\$91)**. Payments are **NON-REFUNDABLE**. If you join at any point during the calendar session, the price **WILL BE pro-rated**.
- Must have a valid **RVYMCA Membership** to register. The **ONLY** Membership that receives **BASKETBALL OR MARTIAL ARTS FREE** is **Family of 2 Adults / 2+ Youth**.
- If a class is cancelled, a **make-up will be offered** on a **different day**. **Check emails often regarding updates from our Director**.

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11:00 - 11:50AM						LOOKING FOR A YOUTH EXERCISE INSTRUCTOR. DATE AND TIME TBD!
5:00 - 5:50PM	SOCCER AGES 3 - 5 GYM (COACH CJ)	CO-ED BASKETBALL AGES 5 - 8 GYM (COACH CJ)	OPEN BASKETBALL	TENNIS AGES 4 - 8 GYM (COACH KIM)	OPEN BASKETBALL	
6:00 - 6:50PM	SOCCER AGES 6 - 8 GYM (COACH CARMELLA)	CO-ED BASKETBALL AGES 9 - 12 GYM (COACH CJ)	POTTERY AGES 4 - 12 BR (COACH DEVON) SOCCER AGES 9 - 12 GYM (COACH CARMELLA)	TENNIS AGES 9 - 12 GYM (COACH KIM)	OPEN BASKETBALL	<u>ADDITIONAL INFO</u> - GYM (Basketball gym) - AR (Aerobics Room) - BR (Back Room)
7:00 - 7:50PM	CLOSED	GYM IS RESERVED FROM 6:50 - 8PM	CLOSED	GYM IS RESERVED FROM 6:50 - 8PM MARTIAL ARTS AGES 4 - 12 AR (COACH JORRELL)	CLOSED	<u>ADDITIONAL INFO</u> <u>CONTINUED</u> - OPEN BASKETBALL ON SATURDAY IS FROM 9AM - 2PM. - OPEN BASKETBALL ON SUNDAY IS FROM 8:30AM - 12PM.

YOUTH SPORTS PROGRAM DESCRIPTIONS

Youth Soccer: The YMCA Youth Sports Program helps children become not only better players, but better people as well. It's a progressive program, with multiple age-specific levels. Each week your child will be taught a new skill, practice it, and then develop it during a fun, engaging contactless soccer activity!

Youth Basketball: Participants will develop a foundation for future excellence by developing dribbling, shooting, defense & passing skills through challenging activities beneficial in high level sports.

Youth Pottery: Students are introduced to the magnificent world of clay! In this class they will learn the basics of hand-building with clay and create beautiful and functional pieces of art.

Youth Tennis: Our coaches will teach tennis skills as participants will learn the basic tactics in tennis. An emphasis is placed on developing an athletic base and teaching fundamental techniques to better implement tennis tactics. Fun progressions and games will be used to develop play.

Youth Martial Arts: Enhance flexibility, endurance and strength in a fun, motivating atmosphere through boxing and martial arts classes. Martial arts incorporates basic athletic movements adapted from boxing, kickboxing, tae kwon do and kung fu. Boxing keeps you moving as you jab and hit your way through your workout, all for a stronger you!