



FOR YOUTH DEVELOPMENT®  
 FOR HEALTHY LIVING  
 FOR SOCIAL RESPONSIBILITY

# DREAM BIG. GROW HERE.

Program **BEGINS: 9/6 - 10/28**  
 Registration **OPENS: 9/1/2021**



## YOUTH MARTIAL ARTS: AGES 7 - 12 - BEGINS on 10/2

Karate	Saturdays	
	\$100	10am - 11am

## YOUTH BASKETBALL: AGES 5 - 7

Basketball	Thursdays	
	\$75	5:10 - 6:00pm

## YOUTH SOCCER: AGES 7 - 12

Soccer	Tuesday	6:10 - 7:00pm	\$75
	Wed	6:10 - 7:00pm	\$75
	Both	\$120	

## YOUTH BASKETBALL: AGES 7 - 12

Basketball	Monday	6:10 - 7:00pm	\$75
	Thursday	6:10 - 7:00pm	\$75
	Both	\$120	

## YOUTH TENNIS: AGES 5 - 12

Tennis	Level I	Friday	5:10 - 6pm
		Saturday	10 - 11am
\$110 Each \$185 for 2	Level II	Friday	6:10 - 7pm
		Saturday	11:10 - 12pm

## YOUTH SOCCER: AGES 5 - 7

Soccer	Tuesdays	
	\$75	5:10 - 6:00pm

For complete program information, call (732) 257 - 4114 or visit our website at [www.RaritanValleyYMCA.org](http://www.RaritanValleyYMCA.org)

- Make up classes will only be offered if the YMCA is forced to cancel a class due to inclement weather, instructor illness, or unforeseen circumstances. Payments for classes are non-refundable.
- Memberships must be valid for registration & participation of youth programs.

## **Youth Programs Descriptions**

**Youth Basketball: Participants will develop a foundation for future excellence by developing dribbling, shooting, & passing skills through challenging activities beneficial in high level sports.**

**Youth Dance: Dance your way to healthy fun. Help boost your child's creativity and self-confidence by joining our YMCA dance program. Our youth dance programs allow you to choose from multiple genres of dance including Ballet, Jazz and Hip Hop to help create exciting free flowing dances.**

**Youth Martial Arts: Martial Art classes at the Y focus on self-confidence, coordination, and development of physical fitness. Martial Art classes is an assortment of ancient practices that have a rich and interesting history. The knowledge and skills you will learn in these classes will be irreplaceable.**

**Youth Soccer: The YMCA Youth Sports Program helps children become not only better players, but better people as well. It's a progressive program, with multiple age-specific levels. Each week your child will be taught a new skill, practice it, and then develop it during a fun, engaging contactless soccer activity!**

**Youth Tennis: Our coaches will teach tennis skills as participants will learn the basic tactics in tennis. An emphasis is placed on developing an athletic base and teaching fundamental techniques to better implement tennis tactics. Fun progressions and games will be used to develop play.**