## SUMMER YOUTH SPORTS CALENDAR

- This Calendar STARTS on MONDAY, July 8th and ENDS on FRIDAY, AUGUST 22nd.
- Payments for classes are **NON-REFUNDABLE**. A Raritan Valley YMCA Program or Facility Membership is **REQUIRED** to register.
  - 7 sessions for \$80. Membership of 2 adults / 4 youth receive Basketball OR Martial Arts FREE per child.
- If a class is **CANCELLED**, our director will **INFORM YOU** when the make-up will take place. Instructors have vacations set up for the summer so please make sure to **CHECK** your **EMAILS** often for **UPDATES** regarding classes.
  - Make up classes will **ONLY** be offered if the YMCA is forced to cancel a class due to **INCLEMENT WEATHER**, **INSTRUCTOR ILLNESS**,

## **HOLIDAYS**, or **UNFORSEEN CIRCUMSTANCES**.

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Additional Info
6:10 - 7:00pm	Soccer Ages 5 - 8 GYM	Basketball Ages 5 - 8 GYM	Soccer Ages 9 - 12 GYM	Tennis Ages 5 - 8 GYM	Open Basketball	<b>GYM</b> (Basketball gym)
7:10 - 8:00pm	CLOSED	Basketball Ages 9 - 12 GYM	CLOSED	Tennis Ages 9 - 12 GYM	CLOSED	Open Basketball Hours Saturday: 9am - 2pm Sunday: 8:30am - 12pm



**UPDATED 5/24** 



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY





## YOUTH SPORTS PROGRAM DESCRIPTIONS

<u>Youth Soccer:</u> The YMCA Youth Sports Program helps children become not only better players, but better people as well. It's a progressive program, with multiple age-specific levels. Each week your child will be taught a new skill, practice it, and then develop it during a fun, engaging contactless soccer activity!

Youth Basketball: Participants will develop a foundation for future excellence by developing dribbling, shooting, defense & passing skills through challenging activities beneficial in high level sports.

<u>Youth Tennis:</u> Our coaches will teach tennis skills as participants will learn the basic tactics in tennis. An emphasis is placed on developing an athletic base and teaching fundamental techniques to better implement tennis tactics. Fun progressions and games will be used to develop play.