

RARITAN VALLEY YMCA 2025 ADULT FIT FEST REGISTRATION FORM (FORMERLY YMCA SPINATHON)

FRIDAY, MARCH 28TH

9 – 11am : Duos Pickleball Tournament begins (in basketball gym)

SATURDAY, MARCH 29TH

9 – 10am : Duo's Pickleball Tournament Finals (in basketball gym)

9 – 10am : Yoga (in aerobics room)

10:15 – 11am : Spin (in basketball gym)

11am – 12pm : Zumba (in aerobics room)

11:15am – 12pm : Step Aerobics (in basketball gym)

12pm – 1pm : LUNCH (in basketball gym)

Individual fee is **\$40 per person for EACH event you register for OR \$100 for all events 9am-12pm**; which includes a T-Shirt and a Y goody bag full of gifts. **Please inform us if you plan on bringing your children so we can have activities planned for them as well!** WE hope that in addition, each person will collect \$100 or more in sponsorships or donations. The 4 participants who collect the highest donations will compete for special raffle prizes. **Funds support the Y's scholarship program.**

All participants and donors are invited to a Jersey Mike's and Carrabba's lunch at the Y. Please indicate preferred participation times below. There is limited space and reservations are first come; first serve. **Many thanks to our great donors, instructors, volunteers, and staff!** We are also seeking event sponsors! Put your company's logo at our event!

Pickleballer / Yogi / Rider / Dancer / Stepper Registration Information:

Name: _____ Shirt Size: _____ Donation \$: _____

Phone #: _____ Email: _____

Event(s) Registering for: _____

I cannot participate but I will donate:

Name: _____ Address: _____

Phone #: _____ Email: _____ Donation \$: _____

Registration forms are due by March 26th!

Send forms to: Raritan Valley YMCA 144 Tices Lane, East Brunswick, NJ 08816 OR to contribute go to www.raritanvalleyymca.org and click on the DONATE button. You can direct your sponsors to do the same.