



## **Raritan Valley YMCA Counselor In Training (CIT) Program**

This application is the very first step in our Counselor in Training (CIT) Program. The CIT program is a teen mentorship program for campers between the ages of 14 and 15. The program teaches them key leadership skills that they can take with them wherever they go in life. Teens will explore and identify their strengths and weaknesses as well as connect with their peers in the program.

The YMCA provides a safe place for teens to work on real-life skills such as independence, time management and group work while teens engage and mentor younger campers. CITs will receive intensive training in childcare and our various activity areas, while also getting hands-on experience working with campers and within the YMCA.

We believe that our CITs are the future of the YMCA. They are encouraged to work together to learn the skills needed to become positive role models, in both our camp and the community. Our top performing CITs will be among the first candidates that will be considered for staff the following year.

CITs registered before May 15th are offered the opportunity to join camp staff at our first pre-camp training held on Saturday, June 7th, 2025 from 9am-3pm.

Please send this CIT Application and Camp Registration Forms back as soon as possible. Please note that the CIT program is highly competitive and unfortunately not all applicants can be accepted. Preference will be given to applicants who were campers or have comparable camp experience elsewhere. If you have any questions, please feel free to call at (732)-257-4114 or email to [PSrivastava@RaritanValleyYMCA.org](mailto:PSrivastava@RaritanValleyYMCA.org).



## **Raritan Valley YMCA Counselor In Training (CIT) Program**

We understand the CIT program is highly competitive and some participants may not be chosen to participate in the program. Preference will be given to applicants who are previous YMCA campers or have comparable camp experience elsewhere. Applicants who do not participate in the CIT program are encouraged to reapply for the following summer. If selected to participate in the CIT program, we understand that we must commit to at least one of the 4-week sessions, and single weeks may be added. We are aware that this is a service and leadership program and that the discounted rate reflects the work that I will be expected to complete. I am also aware that participating in the CIT program does not guarantee future employment.

We understand that the participants in the CIT program must adhere to all Raritan Valley YMCA camp rules and policies and cooperate with the camp director and CIT leaders in all matters. We understand that CITs are registered as campers in the care of the YMCA staff. If CIT's need walk-home waivers (instead of being signed in/out by a parent/guardian each day), one can be provided.

We are aware that failure to live up to the high standards of the CIT program may result in my dismissal from camp, with no refunds. We recognize that attitudes, words, and actions are critical to the success of camp and that CIT's will be seen as a role model to younger campers. CIT's promise to do their best in reflecting the four core values of the YMCA: Caring, Honesty, Respect and Responsibility.

CIT Applicant Name: \_\_\_\_\_

CIT Applicant Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

Parent/Guardian Email Address: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Applicant Information** - This form should be completed by the CIT with a parents' guidance, if needed.

Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

1. Do you have camp experience?      Yes      No
2. Please describe any leadership positions you have held in school, on a sports team, or other organizations and activities.

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3. Please tell us why you want to become a CIT and what you believe is required of the position?

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**Self-Assessment - To** be completed by the CIT Applicant

Please rate yourself (5 being highest) on the following and respond to the questions, which are significant to how you would perform in the CIT Program.

Positivity	1	2	3	4	5
Enthusiasm	1	2	3	4	5
Initiative	1	2	3	4	5
Teamwork Skills	1	2	3	4	5
Love of Children	1	2	3	4	5
Social Skills	1	2	3	4	5

Happiness            1       2       3       4       5