

SMALL-GROUP LESSONS

By Raritan Valley YMCA at Brookside Swim Club

Summer 2026 – weekday afternoons

Maximum student/teacher ratio 4-to-1



Lessons are for youth ages 3 to 12, except for our evening session for teens and adults. One session is 7 lessons over two weeks, Monday through Thursday. See calendar on the third page for exact lesson dates.

Classes are available for levels 1 through 4 (beginner and intermediate). Advanced classes are not offered during this time period. If interested in advanced lessons, please see our weekday morning or Sunday lesson options. See Swim Lesson Selector Guide for level descriptions.

Membership (options starting at \$80 per year are required to register).

Minor liability waiver and adult liability waiver must be signed. Refunds will only be issued if a participant withdraws at least 7 days prior to the start of class.

Under our small-group ratio, classes are limited to 4 swimmers per teacher. However, multiple groups of classes will run at the same time—there will be more than 4 students in the pool.

Stage 1 & 2, Age 3 – 12 4:45 – 5:15 PM 7 lessons per session	June 29 – July 9 \$149 (No class July 1st)	July 13 – July 22 \$149 (No class July 23rd)	July 27 – August 6 \$149 (No class July 29th)
	August 10 – August 19 \$149 (No class August 20th)		
Stage 3 & 4 Age 5 – 12 5:20 – 5:50 PM 7 lessons per session	June 29 – July 9 \$149 (No class July 1st)	July 13 – July 22 \$149 (No class July 23rd)	July 27 – August 6 \$149 (No class July 29th)
	August 10 – August 19 \$149 (No class August 20th)		
Stage 1 & 2 Age 3 – 12 5:55 – 6:25 PM 7 lessons per session	June 29 – July 9 \$149 (No class July 1st)	July 13 – July 22 \$149 (No class July 23rd)	July 27 – August 6 \$149 (No class July 29th)
	August 10 – August 19 \$149 (No class August 20th)		
Adults and Teens 6:30 – 7:15 PM 7 lessons per session	June 29 – July 9 \$185 (No class July 1st)	July 13 – July 22 \$185 (No class July 23rd)	July 27 – August 6 \$185 (No class July 29th)
	August 10 – August 19 \$149 (No class August 20th)		
NOTE: The Adult and Teen class will only run if at least 2 students are enrolled. If only one student is enrolled as of 3:00 PM on the first day, the class will be canceled, and all fees will be refunded.			

Make-up classes will be scheduled when classes are canceled for inclement weather. ***We cannot guarantee make-up periods for late arrivals or missed lessons.*** (Make-up lessons, in time slots other than the one you have registered for, will only be available in classes which are not filled to capacity.) Please consult with the on-deck staff before making up a missed class.

See Swim Lesson Selector guide for level descriptions. Swimming is a skill which requires repetition to perfect. Most swimmers will require multiple sessions at their current level before moving up.

Lesson location:

Brookside Swim Club (located behind the Milltown Police Station)
41 Washington Ave., Milltown, NJ 08850

Register at:

Raritan Valley YMCA
144 Tices Lane, East Brunswick, NJ 08816
(732) 257-4114
raritanvalleymca.org

All 2026 YMCA **weekday afternoon** lesson dates at Brookside

Sun., June 28 No YMCA lessons at Brookside	Mon., June 29 Session 1, lesson 1	Tue., June 30 Session 1, lesson 2	Wed., July 1 No afternoon lessons today!	Thu., July 2 Session 1, lesson 3	Fri., July 3 No YMCA lessons at Brookside	Sat., July 4 No YMCA lessons at Brookside
Sun., July 5 No YMCA lessons at Brookside	Mon., July 6 Session 1, lesson 4	Tue., July 7 Session 1, lesson 5	Wed., July 8 Session 1, lesson 6	Thu., July 9 Session 1, lesson 7	Fri., July 10 No YMCA lessons at Brookside	Sat., July 11 No YMCA lessons at Brookside
Sun., July 12 Sunday lessons: see Sunday lesson flyer for Sunday information	Mon., July 13 Session 2, lesson 1	Tue., July 14 Session 2, lesson 2	Wed., July 15 Session 2, lesson 3	Thu., July 16 Session 2, lesson 4	Fri., July 17 No YMCA lessons at Brookside	Sat., July 18 No YMCA lessons at Brookside
Sun., July 19 Sunday lessons: see Sunday lesson flyer for Sunday information	Mon., July 20 Session 2, lesson 5	Tue., July 21 Session 2, lesson 6	Wed., July 22 Session 2, lesson 7	Thu., July 23 No afternoon lessons today!	Fri., July 24 No YMCA lessons at Brookside	Sat., July 25 No YMCA lessons at Brookside
Sun., July 26 Sunday lessons: see Sunday lesson flyer for Sunday information	Mon., July 27 Session 3, lesson 1	Tue., July 28 Session 3, lesson 2	Wed., July 29 No afternoon lessons today!	Thu., July 30 Session 3, lesson 3	Fri., July 31 No YMCA lessons at Brookside	Sat., August 1 No YMCA lessons at Brookside
Sun., August 2 Sunday lessons: see Sunday lesson flyer for Sunday information	Mon., August 3 Session 3, lesson 4	Tue., August 4 Session 3, lesson 5	Wed., August 5 Session 3, lesson 6	Thu., August 6 Session 3, lesson 7	Fri., August 7 No YMCA lessons at Brookside	Sat., August 8 No YMCA lessons at Brookside
Sun., August 9 Sunday lessons: see Sunday lesson flyer for Sunday information	Mon., August 10 Session 4, lesson 1	Tue., August 11 Session 4, lesson 2	Wed., August 12 Session 4, lesson 3	Thu., August 13 Session 4, lesson 4	Fri., August 14 No YMCA lessons at Brookside	Sat., August 15 No YMCA lessons at Brookside
Sun., August 16 Sunday lessons: see Sunday lesson flyer for Sunday information	Mon., August 17 Session 4, lesson 5	Tue., August 18 Session 4, lesson 6	Wed., August 19 Session 4, lesson 7	Thu., August 20 No afternoon lessons today!	Fri., August 21 No YMCA lessons at Brookside	Sat., August 22 No YMCA lessons at Brookside