

# SMALL-GROUP LESSONS

## By Raritan Valley YMCA at Brookside Swim Club

Summer 2025 – weekday afternoons

Maximum student/teacher ratio 4-to-1



Lessons are for youth ages 3 to 12, except for our evening session for teens and adults. One session is 7 lessons over two weeks, Monday through Thursday. See calendar on the third page for exact lesson dates.

Classes are available for levels 1 through 4 (beginner and intermediate). Advanced classes are not offered during this time period. If interested in advanced lessons, please see our weekday morning or Sunday lesson options. See Swim Lesson Selector Guide for level descriptions.

Membership (options starting at \$80 per year are required to register).

**Minor liability waiver and adult liability waiver must be signed. Refunds will only be issued if a participant withdraws at least 7 days prior to the start of class.**

**Under our small-group ratio, classes are limited to 4 swimmers per teacher. However, multiple groups of classes will run at the same time—there will be more than 4 students in the pool.**

<b>Stage 1 &amp; 2,</b> <b>Age 3 – 12</b> <b>4:45 – 5:15 PM</b> <b>7 lessons per session</b>	<b>June 30 – July 10</b> <b>\$149 (No class July 2nd)</b>	<b>July 14 – July 23</b> <b>\$149 (No class July 24th)</b>	<b>July 28 – August 7</b> <b>\$149 (No class July 24th)</b>
	<b>August 11 – August 20</b> <b>\$149 (No class August 21st)</b>		
<b>Stage 3 &amp; 4</b> <b>Age 5 – 12</b> <b>5:20 – 5:50 PM</b> <b>7 lessons per session</b>	<b>June 30 – July 10</b> <b>\$149 (No class July 2nd)</b>	<b>July 14 – July 23</b> <b>\$149 (No class July 24th)</b>	<b>July 28 – August 7</b> <b>\$149 (No class July 24th)</b>
	<b>August 11 – August 20</b> <b>\$149 (No class August 21st)</b>		
<b>Stage 1 &amp; 2</b> <b>Age 3 – 12</b> <b>5:55 – 6:25 PM</b> <b>7 lessons per session</b>	<b>June 30 – July 10</b> <b>\$149 (No class July 2nd)</b>	<b>July 14 – July 23</b> <b>\$149 (No class July 24th)</b>	<b>July 28 – August 7</b> <b>\$149 (No class July 24th)</b>
	<b>August 11 – August 20</b> <b>\$149 (No class August 21st)</b>		
<b>Adults and Teens</b> <b>6:30 – 7:15 PM</b> <b>7 lessons per session</b>	<b>June 30 – July 10</b> <b>\$185 (No class July 2nd)</b>	<b>July 14 – July 23</b> <b>\$185 (No class July 24th)</b>	<b>July 28 – August 7</b> <b>\$185 (No class July 24th)</b>
	<b>August 11 – August 20</b> <b>\$149 (No class August 21st)</b>		
<b>NOTE: The Adult and Teen class will only run if at least 2 students are enrolled. If only one student is enrolled as of 3:00 PM on the first day, the class will be canceled, and all fees will be refunded.</b>			

Make-up classes will be scheduled when classes are canceled for inclement weather. ***We cannot guarantee make-up periods for late arrivals or missed lessons.*** (Make-up lessons, in time slots other than the one you have registered for, will only be available in classes which are not filled to capacity.) Please consult with the on-deck staff before making up a missed class.

See Swim Lesson Selector guide for level descriptions. Swimming is a skill which requires repetition to perfect. Most swimmers will require multiple sessions at their current level before moving up.

**Lesson location:**

Brookside Swim Club (located behind the Milltown Police Station)  
41 Washington Ave., Milltown, NJ 08850

**Register at:**

Raritan Valley YMCA  
144 Tices Lane, East Brunswick, NJ 08816  
(732) 257-4114  
raritanvalleyymca.org

## All 2025 YMCA **weekday afternoon** lesson dates at Brookside

Sun., June 29 <b>No YMCA lessons at Brookside</b>	Mon., June 30 <b>Session 1, lesson 1</b>	Tue., July 1 <b>Session 1, lesson 2</b>	Wed., July 2 <b>No afternoon lessons today!</b>	Thu., July 3 <b>Session 1, lesson 3</b>	Fri., July 4 <b>No YMCA lessons at Brookside</b>	Sat., July 5 <b>No YMCA lessons at Brookside</b>
Sun., July 6 <b>No YMCA lessons at Brookside</b>	Mon., July 7 <b>Session 1, lesson 4</b>	Tue., July 8 <b>Session 1, lesson 5</b>	Wed., July 9 <b>Session 1, lesson 6</b>	Thu., July 10 <b>Session 1, lesson 7</b>	Fri., July 11 <b>No YMCA lessons at Brookside</b>	Sat., July 12 <b>No YMCA lessons at Brookside</b>
Sun., July 13 <b>Sunday lessons: see Sunday lesson flyer for Sunday information</b>	Mon., July 14 <b>Session 2, lesson 1</b>	Tue., July 15 <b>Session 2, lesson 2</b>	Wed., July 16 <b>Session 2, lesson 3</b>	Thu., July 17 <b>Session 2, lesson 4</b>	Fri., July 18 <b>No YMCA lessons at Brookside</b>	Sat., July 19 <b>No YMCA lessons at Brookside</b>
Sun., July 20 <b>Sunday lessons: see Sunday lesson flyer for Sunday information</b>	Mon., July 21 <b>Session 2, lesson 5</b>	Tue., July 22 <b>Session 2, lesson 6</b>	Wed., July 23 <b>Session 2, lesson 7</b>	Thu., July 24 <b>No afternoon lessons today!</b>	Fri., July 25 <b>No YMCA lessons at Brookside</b>	Sat., July 26 <b>No YMCA lessons at Brookside</b>
Sun., July 27 <b>Sunday lessons: see Sunday lesson flyer for Sunday information</b>	Mon., July 28 <b>Session 3, lesson 1</b>	Tue., July 29 <b>Session 3, lesson 2</b>	Wed., July 30 <b>No afternoon lessons today!</b>	Thu., July 31 <b>Session 3, lesson 3</b>	Fri., August 1 <b>No YMCA lessons at Brookside</b>	Sat., August 2 <b>No YMCA lessons at Brookside</b>
Sun., August 3 <b>Sunday lessons: see Sunday lesson flyer for Sunday information</b>	Mon., August 4 <b>Session 3, lesson 4</b>	Tue., August 5 <b>Session 3, lesson 5</b>	Wed., August 6 <b>Session 3, lesson 6</b>	Thu., August 7 <b>Session 3, lesson 7</b>	Fri., August 8 <b>No YMCA lessons at Brookside</b>	Sat., August 9 <b>No YMCA lessons at Brookside</b>
Sun., August 10 <b>Sunday lessons: see Sunday lesson flyer for Sunday information</b>	Mon., August 11 <b>Session 4, lesson 1</b>	Tue., August 12 <b>Session 4, lesson 2</b>	Wed., August 13 <b>Session 4, lesson 3</b>	Thu., August 14 <b>Session 4, lesson 4</b>	Fri., August 15 <b>No YMCA lessons at Brookside</b>	Sat., August 16 <b>No YMCA lessons at Brookside</b>
Sun., August 17 <b>Sunday lessons: see Sunday lesson flyer for Sunday information</b>	Mon., August 18 <b>Session 4, lesson 5</b>	Tue., August 19 <b>Session 4, lesson 6</b>	Wed., August 20 <b>Session 4, lesson 7</b>	Thu., August 21 <b>No afternoon lessons today!</b>	Fri., August 22 <b>No YMCA lessons at Brookside</b>	Sat., August 23 <b>No YMCA lessons at Brookside</b>