



## WEEKDAY MORNING SWIM LESSONS BY RARITAN VALLEY YMCA AT BROOKSIDE SWIM CLUB



Lessons will run in four 2-week sessions with 5 or 6 lessons per session. One session is 5 or 6 lessons over two weeks. Each week has 3 lessons: Monday, Wednesday and Thursday.  
NO LESSONS ON THURSDAY, JULY 4TH OR WEDNESDAY, JULY 31ST.

- **Session 1:** Monday, July 1st; Wednesday, July 3rd; Monday, July 8th; Wednesday, July 11th; Thursday, July 12th. NO LESSONS ON THURSDAY, JULY 4TH
- **Session 2:** Monday, July 15th; Wednesday, July 17th; Thursday, July 18th; Monday, July 22nd; Wednesday, July 24th; Thursday, July 25th.
- **Session 3:** Monday, July 29th; Thursday, August 1st; Monday, August 5th; Wednesday, August 7th; Thursday, August 8th. NO LESSONS ON WEDNESDAY, JULY 31ST
- **Session 4:** Monday, August 12th; Wednesday, August 14th; Thursday, August 15th; Monday, August 19th; Wednesday, August 21st; Thursday, August 22nd.

Please see the next page for lesson dates and time slots.

Membership (options starting at \$77 per year are required to register). Minor liability waiver and adult liability waiver must be signed. Refunds will only be issued if a participant withdraws at least 7 days prior to the start of class.

Lesson Location: Brookside Swim Club  
41 Washington Ave (Behind the Milltown Municipal Building)  
Milltown, NJ 08850

**Lesson registration: Raritan Valley YMCA**  
**144 Tices Lane, East Brunswick, NJ 08816**  
**(732) 257-4114**  
**[raritanvalleyymca.org](http://raritanvalleyymca.org)**

Session Dates	11:00 AM – 11:30 AM	11:30 AM – 12:00 PM
<b>Session 1:</b> <b>July 1 – July 11</b> (2 weeks, 6 lessons. 7/1, 7/3, 7/8, 7/10, 7/11)	Stages 1, 2, 3 and 4 for ages 3 – 12. <b>\$66</b>	Stages 1, 2, 3 and 4 for ages 3 – 12. <b>\$66</b>
<b>Session 1:</b> <b>July 1 – July 11</b> (2 weeks, 6 lessons. 7/1, 7/3, 7/8, 7/10, 7/11)	Stages 5 & 6 (combined) for ages 6 to 18 1 hour, 11:00 AM – 12:00 PM <b>\$97</b>	
<b>Session 2:</b> <b>July 15 – July 25</b> (2 Weeks, 6 Lessons. 7/15, 7/17, 7/18, 7/22, 7/24, 7/25)	Stages 1, 2, 3 and 4 For ages 3 –12. <b>\$80</b>	Stages 1, 2, 3 and 4 For ages 3 –12. <b>\$80</b>
<b>Session 2:</b> <b>July 15 – July 25</b> (2 Weeks, 6 Lessons. 7/15, 7/17, 7/18, 7/22, 7/24, 7/25)	Stages 5 & 6 (combined) for ages 6 to 18 1 hour, 11:00AM – 12:00 PM <b>\$117</b>	
<b>Session 3:</b> <b>July 29 – August 8</b> (2 Weeks, 6 Lessons. 7/29, 8/1, 8/5, 8/7, 8/8)	Stages 1, 2, 3 and 4 for ages 3 – 12. <b>\$66</b>	Stages 1, 2, 3 and 4 for ages 3 – 12. <b>\$66</b>
<b>Session 3:</b> <b>July 29 – August 8</b> (2 Weeks, 6 Lessons. 7/29, 8/1, 8/5, 8/7, 8/8)	Stages 5 & 6 (combined) for ages 6 to 18 1 hour, 11:00AM – 12:00 PM <b>\$97</b>	
<b>Session 4:</b> <b>August 12 – August 22</b> (2 Weeks, 6 Lessons. 8/14, 8/16, 8/17, 8/21, 8/23, 8/24)	Stages 1, 2, 3 and 4 for ages 3 – 12. <b>\$80</b>	Stages 1, 2, 3 and 4 for ages 3 – 12. <b>\$80</b>
<b>Session 4:</b> <b>August 12 – August 22</b> (2 Weeks, 6 Lessons. 8/12, 8/14, 8/15, 8/19, 8/21, 8/22)	Stages 5 & 6 (combined) for ages 6 to 18 1 hour, 11:00AM – 12:00 PM <b>\$117</b>	

Stages 1 and 2 will be separated by age as well as level. Groups will be separated into preschool (ages 3-5) and school age (ages 5-12). All ages are combined for stages 3 & up.

Each class is 30 minutes long, except for advanced classes which are 1-hour.

See Swim Lesson Selector guide for level descriptions. Swimming is a skill which requires repetition to perfect. Most swimmers will require multiple sessions at their current level before moving up.

## All 2024 YMCA **weekday morning** lesson dates at Brookside

Sun., June 30 <b>No YMCA lessons at Brookside</b>	Mon., July 1 <b>Session 1, lesson 1</b>	Tue., July 2 <b>No YMCA lessons at Brookside</b>	Wed., July 3 <b>Session 1, lesson 2</b>	Thu., July 4 <b>No morning lessons today!</b>	Fri., July 5 <b>No YMCA lessons at Brookside</b>	Sat., July 6 <b>No YMCA lessons at Brookside</b>
Sun., July 7 <b>Sunday lessons: see Sunday lesson flyer for Sunday information</b>	Mon., July 8 <b>Session 1, lesson 3</b>	Tue., July 9 <b>No YMCA lessons at Brookside</b>	Wed., July 10 <b>Session 1, lesson 4</b>	Thu., July 11 <b>Session 1, lesson 5</b>	Fri., July 12 <b>No YMCA lessons at Brookside</b>	Sat., July 13 <b>No YMCA lessons at Brookside</b>
Sun., July 14 <b>Sunday lessons: see Sunday lesson flyer for Sunday information</b>	Mon., July 15 <b>Session 2, lesson 1</b>	Tue., July 16 <b>No YMCA lessons at Brookside</b>	Wed., July 17 <b>Session 2, lesson 2</b>	Thu., July 18 <b>Session 2, lesson 3</b>	Fri., July 19 <b>No YMCA lessons at Brookside</b>	Sat., July 20 <b>No YMCA lessons at Brookside</b>
Sun., July 21 <b>Sunday lessons: see Sunday lesson flyer for Sunday information</b>	Mon., July 22 <b>Session 2, lesson 4</b>	Tue., July 23 <b>No YMCA lessons at Brookside</b>	Wed., July 24 <b>Session 2, lesson 5</b>	Thu., July 25 <b>Session 2, lesson 6</b>	Fri., July 26 <b>No YMCA lessons at Brookside</b>	Sat., July 27 <b>No YMCA lessons at Brookside</b>
Sun., July 28 <b>No YMCA lessons at Brookside</b>	Mon., July 29 <b>Session 3, lesson 1</b>	Tue., July 30 <b>No YMCA lessons at Brookside</b>	Wed., July 31 <b>No morning lessons today!</b>	Thu., August 1 <b>Session 3, lesson 2</b>	Fri., August 2 <b>No YMCA lessons at Brookside</b>	Sat., August 3 <b>No YMCA lessons at Brookside</b>
Sun., August 4 <b>Sunday lessons: see Sunday lesson flyer for Sunday information</b>	Mon., August 5 <b>Session 3, lesson 3</b>	Tue., August 6 <b>No YMCA lessons at Brookside</b>	Wed., August 7 <b>Session 3, lesson 4</b>	Thu., August 8 <b>Session 3, lesson 5</b>	Fri., August 9 <b>No YMCA lessons at Brookside</b>	Sat., August 10 <b>No YMCA lessons at Brookside</b>
Sun., August 11 <b>Sunday lessons: see Sunday lesson flyer for Sunday information</b>	Mon., August 12 <b>Session 4, lesson 1</b>	Tue., August 13 <b>No YMCA lessons at Brookside</b>	Wed., August 14 <b>Session 4, lesson 2</b>	Thu., August 15 <b>Session 4, lesson 3</b>	Fri., August 16 <b>No YMCA lessons at Brookside</b>	Sat., August 17 <b>No YMCA lessons at Brookside</b>
Sun., August 18 <b>Sunday lessons: see Sunday lesson flyer for Sunday information</b>	Mon., August 19 <b>Session 4, lesson 4</b>	Tue., August 20 <b>No YMCA lessons at Brookside</b>	Wed., August 21 <b>Session 4, lesson 5</b>	Thu., August 22 <b>Session 4, lesson 6</b>	Fri., August 23 <b>No YMCA lessons at Brookside</b>	Sat., August 24 <b>No YMCA lessons at Brookside</b>