



## **WEEKDAY MORNING SWIM LESSONS BY RARITAN VALLEY YMCA AT BROOKSIDE SWIM CLUB**



Lessons will run in four 2-week sessions with 6 lessons per session.

One session is 6 lessons over two weeks, Monday, Tuesday and Thursday.

Please see the next page for lesson dates and time slots.

Membership (options starting at \$75 per year are required to register).

**Minor liability waiver and adult liability waiver must be signed. Refunds will only be issued if a participant withdraws at least 7 days prior to the start of class.**

Lesson Location: Brookside Swim Club  
41 Washington Ave (Behind the Milltown Municipal Building)  
Milltown, NJ 08850

Lesson registration: Raritan Valley YMCA  
144 Tices Lane, East Brunswick, NJ 08816  
(732) 257-4114  
[raritanvalleyymca.org](http://raritanvalleyymca.org)

Session Dates	11:00 AM – 11:30 AM	11:30 AM – 12:00 PM
<b>Session 1:</b> <b>July 5 – July 14</b> (2 weeks, 5 lessons. M/Tu/Thu. No lesson Monday, July 4.)	Stages 1, 2, 3 and 4 for ages 3 – 12. <b>\$65</b>	Stages 1, 2, 3 and 4 for ages 3 – 12. <b>\$65</b>
<b>Session 1:</b> <b>July 5 – July 14</b> (2 weeks, 5 lessons. M/Tu/Thu. No lesson Monday, July 4.)	Stages 5 & 6 (combined) for ages 6 to 18 1 hour, 11:00 AM – 12:00 PM <b>\$95</b>	
<b>Session 2:</b> <b>July 18- July 28</b> (2 Weeks, 6 Lessons. M/Tu/Thu.)	Stages 1, 2, 3 and 4 For ages 3 –12. <b>\$78</b>	Stages 1, 2, 3 and 4 For ages 3 –12. <b>\$78</b>
<b>Session 2:</b> <b>July 18- July 28</b> (2 Weeks, 6 Lessons. M/Tu/Thu.)	Stages 5 & 6 (combined) for ages 6 to 18 1 hour, 11:00AM – 12:00 PM <b>\$114</b>	
<b>Session 3:</b> <b>August 1 – August 11</b> (2 Weeks, 6 Lessons. M/Tu/Thu.)	Stages 1, 2, 3 and 4 for ages 3 – 12. <b>\$78</b>	Stages 1, 2, 3 and 4 for ages 3 – 12. <b>\$78</b>
<b>Session 3:</b> <b>August 1 – August 11</b> (2 Weeks, 6 Lessons. M/Tu/Thu.)	Stages 5 & 6 (combined) for ages 6 to 18 1 hour, 11:00AM – 12:00 PM <b>\$114</b>	
<b>Session 4:</b> <b>August 15 – August 25</b> (2 Weeks, 6 Lessons. M/Tu/Thu.)	Stages 1, 2, 3 and 4 for ages 3 – 12. <b>\$78</b>	Stages 1, 2, 3 and 4 for ages 3 – 12. <b>\$78</b>
<b>Session 4:</b> <b>August 15 – August 25</b> (2 Weeks, 6 Lessons. M/Tu/Thu.)	Stages 5 & 6 (combined) for ages 6 to 18 1 hour, 11:00AM – 12:00 PM <b>\$114</b>	

Stages 1 and 2 will be separated by age as well as level. Groups will be separated into preschool (ages 3-5) and school age (ages 5-12). All ages are combined for stages 3 and up.

Each class is 30 minutes long, except for advanced classes which are 1-hour.

See Swim Lesson Selector guide for level descriptions. Swimming is a skill which requires repetition to perfect. Most swimmers will require multiple sessions at their current level before moving up.