



# SWIM LESSONS: YMCA OUTDOOR TEACHING POOL



## Raritan Valley YMCA Summer 2019 Semi-private Lessons @ 144 Tices Lane, East Brunswick.

Register online @ [www.raritanvalleyymca.org](http://www.raritanvalleyymca.org) or by phone 732-257-4114.

### The YMCA:

#### The Nation's Leader in Swim Lessons

We help you build swimming abilities at all levels--whether you're an absolute beginner learning basic water skills, or preparing for competition-level swimming. Lessons also increase water safety knowledge. Classes are taught by caring, YMCA instructors. Class participants will be matched with an instructor in a semi-private setting: maximum student-teacher ratio of 4-to-1.

**Within each level, swimmers may be divided into groups on the first day of class based on age/ability.**

Session Dates	4:30 pm – 5:00 pm Mon/Tue/Wed/Thu	5:00 pm – 5:30 pm Mon/Tue/Wed/Thu	5:30 pm – 6:00 pm Mon/Tue/Wed/Thu	6:00 pm – 6:40 pm Mon/Tue/Wed/Thu
<b>Session 1:</b> <b>June 24– July 3</b> (2 weeks, 7 lessons. No lesson Thursday, July 4 <sup>th</sup> .)	Stages 1 & 2 For ages 3 to 12 <b>\$158</b>	Stages 3 & 4 For ages 4 to 12 <b>\$158</b>  Youth (3 to 12) Special Needs <b>\$158</b>	Stages 1 & 2 For ages 3 to 12 <b>\$158</b>	Adult/teen lessons (Stages 1, 2, 3) <b>\$169</b>
<b>Session 2:</b> <b>July 8-18</b> (2 weeks, 8 lessons.)	Stages 1 & 2 For ages 3 to 12 <b>\$182</b>	Stages 3 & 4 For ages 4 to 12 <b>\$182</b>  Youth (3 to 12) Special Needs <b>\$182</b>	Stages 1 & 2 For ages 3 to 12 <b>\$182</b>	Adult/teen lessons (Stages 1, 2, 3) <b>\$195</b>
<b>Session 3:</b> <b>July 22-Aug. 1</b> (2 weeks, 8 lessons.)	Stages 1 & 2 For ages 3 to 12 <b>\$182</b>	Stages 3 & 4 For ages 4 to 12 <b>\$182</b>  Youth (3 to 12) Special Needs <b>\$182</b>	Stages 1 & 2 For ages 3 to 12 <b>\$182</b>	Adult/teen lessons (Stages 1, 2, 3) <b>\$195</b>
<b>Session 4:</b> <b>Aug. 5-15</b> (2 weeks, 8 lessons.)	Stages 1 & 2 For ages 3 to 12 <b>\$182</b>	Stages 3 & 4 For ages 4 to 12 <b>\$182</b>  Youth (3 to 12) Special Needs <b>\$182</b>	Stages 1 & 2 For ages 3 to 12 <b>\$182</b>	Adult/teen lessons (Stages 1, 2, 3) <b>\$195</b>

YMCA membership (options starting at \$70 per year per person) required to register.

Please arrive 10 minutes prior to the start of your class for check-in. We cannot guarantee make-up periods for late arrivals or missed lessons. (Make-up lessons, in time slots other than the one you have registered for, will only be available in classes which are not filled to capacity.) Please consult with the pool staff before attempting to make up a missed class. Swimmers need only a bathing suit and towel. Flotation devices will be provided for classes which require them. Goggles optional. Swim caps recommended for swimmers with long hair. Parents may observe the lessons from outside the fence, but are not permitted in the pool area during lessons.

Level descriptions are on another page of this flyer. Swimming is a skill which requires repetition. Most swimmers will require multiple sessions at their current level before moving up. **Note:** due to pool size, advanced-level lessons are not available at this location. Advanced swimmers may register for lessons with RVY at Crystal Springs and/or North Brunswick Township High School locations.

#### Registration and Lesson Location:

Raritan Valley YMCA  
144 Tices Lane  
East Brunswick, NJ 08816  
732-257-4114  
RaritanValleyYMCA.org

**REFUND POLICY:** A full refund will only be issued if a member withdraws 7 days prior to the first day of class. If a member withdraws from class after this date, no refund will be issued. Memberships are non-refundable. The membership is good for other programs at the YMCA.