



SWIM LESSONS:

YMCA TEACHING POOL (144 Tices Lane)

Raritan Valley YMCA Summer 2017 Lessons @ 144 Tices Lane

Register on line @ www.raritanvalleyymca.org or by phone 732-257-4114



The YMCA:

The Nation's Leader in Swim Lessons

We help you build swimming abilities at all levels--whether you're an absolute beginner learning basic water skills, or preparing for competition-level swimming. Lessons also increase water safety knowledge. Classes are taught by caring, YMCA instructors. Class participants are divided into skill levels and class size is such that the instructor can provide proper instruction.

These lessons take place in our outdoor teaching pool located at the YMCA at 144 Tices Lane, East Brunswick.

Session Dates	4:30 pm – 5:00 pm Mon/Tue/Wed/Thu	5:00 pm – 5:30 pm Mon/Tue/Wed/Thu	5:30 pm – 6:00 pm Mon/Tue/Wed/Thu	6:00 pm – 6:45 pm Mon/Tue/Wed/Thu
Session 1: June 26-July 6 (2 weeks, 7 lessons. No class Tuesday, July 4th)	Pike/Eel/Ray Polliwog \$91	Guppy Youth Special Needs \$91	Pike/Eel/Ray Polliwog \$91	Adult/teen lessons \$105
Session 2: July 10-20 (2 weeks, 8 lessons.)	Pike/Eel/Ray Polliwog \$104	Guppy Youth Special Needs \$104	Pike/Eel/Ray Polliwog \$104	Adult/teen lessons \$120
Session 3: July 24-August 3 (2 weeks, 8 lessons)	Pike/Eel/Ray Polliwog \$104	Guppy Youth Special Needs \$104	Pike/Eel/Ray Polliwog \$104	Adult/teen lessons \$120
Session 4: August 7-17 (2 weeks, 8 lessons.)	Pike/Eel/Ray Polliwog \$104	Guppy Youth Special Needs \$104	Pike/Eel/Ray Polliwog \$104	Adult/teen lessons \$120

YMCA membership (options starting at \$70 per year per person) required to register.

Please arrive 10 minutes prior to the start of your class for check-in. We cannot guarantee make-up periods for late arrivals or missed lessons. (Make-up lessons, in time slots other than the one you have registered for, will only be available in classes which are not filled to capacity.) Please consult with the pool staff before attempting to make up a missed class. Swimmers need only a bathing suit and towel. Flotation devices will be provided for classes which require them. Goggles optional. Swim caps recommended for swimmers with long hair. Parents may observe the lessons from outside the fence, but are not permitted in the pool area during lessons.

Level descriptions are on another page of this flyer. Swimming is a skill which requires repetition. Most swimmers will require multiple sessions at their current level before moving up. **Note:** due to pool size, advanced-level lessons are not available at this location. Advanced swimmers may register for lessons with RVY at Crystal Springs and/or North Brunswick Township High School locations.

Location and registration contact:

Raritan Valley YMCA
144 Tices Lane
East Brunswick, NJ 08816
732-257-4114
RaritanValleyYMCA.org

REFUND POLICY: A full refund will only be issued if a member withdraws 7 days prior to the first day of class. If a member withdraws from class after this date, no refund will be issued. Memberships are non-refundable. The membership is good for other programs at the YMCA.